



# VEGAN BLUEBERRY

ITEM #: DSVMBB003PD  
5.75OZ PRE-DEPOSITED MUFFIN

*All-natural, pre-formed, Vegan Blueberry Pre-Deposited Muffin. No proofing required, freezer to oven. Made with the finest, all-natural ingredients. No transfat!*

## INGREDIENT LIST

Enriched Wheat Flour (wheat flour, niacin, reduced iron, thiamine, riboflavin, folic acid), Malted Barley Flour, Vegetable Oil, Sugar, Blueberries, Water, Soy Milk (Reverse Osmosis Purified Water, Organic Soybeans), Pastry Flour, Baking Powder (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Corn Starch, Mono-Calcium Phosphate), Lemon Zest (lemon peel zest, cane sugar, lemon oil essence), Egg Replacer (Potato Starch, Tapioca Flour, Leavening [Calcium Lactate (Non-Dairy derived, does not contain Lactate), Calcium Carbonate, Citric Acid], Cellulose Gum), Natural Vanilla Flavor (Water, Grain Alcohol, Vegetable Glycerin), Kosher Salt, Baking Soda.

## HANDLING INFORMATION

Remove frozen muffins from carrier tray and place in your own muffin pans (we recommend Chicago Metallic pan # 44705 or similar). Allow muffin batter to totally defrost before baking (1-2 hours). Muffin is baked when a knife inserted in the center of the muffin comes out clean. Baking times and temperature: Convection oven: 35-40 min @ 300°. Rotating rack oven: 35-40 min @ 330°. May be defrosted in the cooler overnight.

## SPECS

## ALLERGENS

Wheat, Eggs, Soy.

## HANDLING

Storage: Keep Frozen Below 0°

## CODE & DATES

On Each Label:

Lot Number: XX (2 digits)  
Production Day: XXX (3 digits)  
Year: XX (2 digits)

Case UPC: 10683720304923  
(14 Digits)

## Nutrition Facts

servings per container

Serving size 1 muffin (147g/5.2 oz)

Amount per serving

**Calories 400**

% Daily Value \*

**Total Fat 13g 17%**

Saturated Fat 1g 5%

Trans Fat 0g

**Cholesterol 0mg 0%**

**Sodium 115mg 5%**

**Total Carbohydrate 66g 24%**

Dietary Fiber 2g 6%

Total Sugars 32g

Includes 28g Added Sugars 56%

**Protein 6g**

Vitamin D 0.5mcg 2%

Calcium 140mg 10%

Iron 2.7mg 15%

Potassium 320mg 6%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4